My name is Kaka, and I am a green sea turtle. I love to swim close to shore and eat lunch off the rocks. Sometimes when I am tired or cold I bask or lay out on the beach. Basking helps me to stay away from predators like sharks, and also helps to warm me up. This is important because I am a reptile and cold-blooded, which means my body temperature is the same as my surroundings, unlike humans who are warm-blooded and have a constant body temperature no matter their surroundings.

Hono